



SOULFUL DOULA DIPLOMA

2021-2022

KMRT® KINAESTHETIC LISTENING

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FOUNDER/TEACHER

KMRT®

An Entrainment Healing Modality

A representation of frequency as matter through

Space - Spirit, soul auric field

Light - Frequency, point of magnetic attraction

Pulse - Vibration of sexual energy, nadis, nervous system, blood
flow

Sound - Mother's heartbeat in resonance to the octave of her sexual
energy

Air - Prana/ breath, embodied movement

Fire - Hormonal transformation, intelligence, metabolism through
organs

Prerequisites:

To apply for this course. You must be qualified with a course in human Anatomy and Physiology, to a level 3 standard. Or have studied through a Complimentary Medicine modality. Or a Yogic /Ayurvedic practitioner specialising in fertility/pregnancy/birth.

Applicants will be in the form of Holistic & complimentary medical birthing professionals with a connection to their soul. Doulas, Birth keepers, Midwives, Obstetricians, Gynaecologists, Pregnancy healing modality practitioners, Fertility yoga teachers, Sexual therapists, Somatic womb wisdom keepers.

Pelvic physiotherapists practising bio tensegrity principles and Ayurvedic Doctors/ therapists.

Wanting to deepen their practise on a soul level with a holistic approach. You must want to work with soul energy in conjunction with the human anatomy. To work within a field of wellness not sickness.

If you are not sure please contact me to verify. You must want to be able to recognise your own Kundalini energy as the release of

resistance within your own life to observe and embody its creative force in equilibrium to the higher self and beyond.

This is imperative to health as this life force instructs the mitochondria in your cells. This allows this creative life force to flow in fluidity and in harmony with your physical body.

Professionalism/Conduct:

Code of Ethics; www.consciouswombbirthingschool.com

Course structure:

Distance learning online training via zoom: 36 hours face to face. 2 segments over 3 months with time in between for practice and home study. Autumn and Spring. The Exam is to be completed after 12 modules. There after 3 months to complete all 3 case studies. Your own case study starts at the beginning of the course and 2 others with clients.

Each session: 3 hours group training via zoom

Home study: Written theory notes

3 online theory multimedia (video/text/images) course modules to be completed within the 12 months.

Theory comprehension: An exam sent online to be completed by the student within a set time frame of 3 hours and sent back to me.

Continuous support from myself Darshna throughout course and after completion. A content Library with learning videos and content hub.

Lifetime access

Estimated time on each module: 3 hours group training each module/ absorption of written notes and online theory courses at your own pace within a 7- 9month framework. 2 weeks in between each module zoom training for the first 6 modules then a gap to continue to next 6 modules proceeding to examination and case studies.

The KMRT® includes a yogic practice of mudra kriyas, breathwork and meditation to facilitate your own healing potential and increase extra sensory perception enabling the development of kinaesthetic listening™ with the subtle anatomy in relation to the subtle and mental bodies of the spirit baby which was once you.

Practical comprehension:

3 Case Studies to be completed within 3 months after zoom training is completed.

1st case study your own transformation during the study of your diploma

2nd & 3rd case studies after 12 modules of zoom training are completed

Including your own personal transformation as a practitioner is the first case study and the intention behind supporting others becomes clear with the commitment to learning and application to the personal life.

When a practitioner is in their wholeness the healee transforms through the power of their presence ojas within the co-creative energetic field.

Soul resonance and symbiosis.

Objectives Student Learning Objectives/Outcomes:

After this training you will be able to comprehend and practice KMRT® Kinaesthetic Listening as an integrated therapy model. It is a kundalini embodiment practice. Learning to utilise the magnetic structure of pure energy through the quantum space and physically via the emotional human body. The autonomous and somatic nervous system in symphonic harmony with heart brain coherence being the centre of this practice. Sexual energy the creative part of yourself and pranic life force of kundalini. You're Kundalini is directed by your intuitive processes. Your soul interaction. This becomes centred within your thinking and creative abilities. Most of all EMBODIED Within you. This is when you omit light frequencies through your energy field. Creating a symbiotic influence to another.

This is imperative for the practitioner's health in co creation.

You will be a practitioner of KMRT® Kinaesthetic Listening within the birthing field, somatic womb work and enhancement to other therapy modalities you may be facilitating.

KMRT®:

A non-touch healing modality. Delivered through meditative practices,
A simulation of kundalini breathwork focused direction and
Kinaesthetic listening a skill of listening to ones body mind souls
rhythm via their biorhythm.

Tools learned through the diploma:

The octave practices. The sound between you and the birthing mother's
spirit baby. Your symbiotic resonance. The beliefs held in the quantum
field. Chakra flow.

The Oscillation of sacred sexual movement with primal sound. The
sound of the mothers/client's beliefs held within their cellular chakra
flow as vibration frequency. Sacred geometry within the nodal points
of the human biology.

Application of union orgasmic state. Through yogic KMRT® Kriyas
Learning the merger of bio rhythms & intuitive thoughts of conscious
awareness creating alchemy through magnetic resonance. The
sexuality of birth.

Spirit Babies who they are.

A language of bio photonic light through sexual energy via Pre-natal

Cognition with heart brain coherence in connection to the human body.

The student will have gained practical skills in:

KMRT® Kinaesthetic Listening™

Observation of somatic simulation and response of kundalini

Focused Meditative brainwave activity application

Sacred geometric nadi theory comprehension

A new level of compassion, integrity & mindfulness

Conscious awareness in observation of thought forms

Gained physical strength of emotion and clarity within their own
personal transformation

Comprehension of kundalini somatic and simulative movement within
their own body and in others.

Time framework:

Two 3-month periods required and the gap in between for your body to open up your own chakra system based on your creative aspects. For your Kundalini energy to release its own blockages and start to work and channel higher dimensional forces of nature. Connecting to your own spirit guides which is your creative expression as inspiration received as thought/ emotion working via your autonomic nervous system. An astral understanding in correlation to the human body, which is a magnetic resonance flowing with the universal rhythms of nature. It is the nature of nature. Matter and energy flowing with directional strength. Consistency helps the direction of energy to start to conceive and flow and without gaps. It is kept in focus and aligned with the current new waves of planetary alignment in tandem with other Universal forces of higher intelligence.

Assessment Overview:

Theoretical comprehension exam

3 Case studies

Grades: **Distinction**

Merit

Passed

Fail

Assessment Plan

Assessment of practice, conduct and application will take place periodically through Q&A evaluation. I will be assessing your energy fields and know their personal transformation through these mediums.

Examination after the whole diploma is completed within a 9-month time frame

Certificated after 3 case studies and exams are completed and submitted.

Schedule of Activities:

- Online zoom learning requires the student to be mentally/ emotionally coherent and code of conduct in confidentiality when discussing patient cases for practical learning.
- Group practice of KMRT® Kinaesthetic listening and body awareness through the auric field through the chakra system
- Group meditations.
- Group discussion
- Mental comprehension through Q&A
- These learning tools enable delivery and comprehension of KMRT®

PRACTICE

SYLLABUS 12 Modules:

1. The Energy System:

- Kinaesthetic listening TM to your Octave. Your kundalini
- The body, mind in relation to the auric field. Spirit baby in the field.
- Natal moon. Soul blueprint/ spirit baby.
- Kundalini energy within you. Power of Influence/ Vibration as magnetic forces via chakra system.
- Opening and expansion of brain activity in correlation to the heart neurons. Moving through states of Alpha, Beta, Theta and Gamma.
- Understanding your own Consciousness in relation to others as a reflection of the Universal Mirror.
- How you as the light reflecting back to your client is magnetic in itself. The octave in reflection.
- Your blueprint is the bio rhythms of your cyclical nature. Sacred sutras wrote by generational imprints within your beliefs.
- The body, mind in relation to the auric field.
- Spirit baby in the field.
- Kinaesthetic listening TM practice in group

2. The Birthing Body:

- Becoming the observer of the auric field.
- Somatics of the nervous system in absorption and stimulation. Oscillation.
- Third eye expansion. Feeling, seeing astral senses as extra sensory perception
- Extra sensory guidance. Kinaesthetic Listening TM
- Being able to sense, feel and connect with the baby's energy as a vibration moving through the magnetic structure of the mother's body via the nervous system.
- The sexuality of birth, movement of kundalini energy.
- The Spirit baby as energy coming to its own body. The oscillating consciousness of mother and child/ren.
- The spirit of the child being pregnant with its mother. The large auric field expansion through the chakra system expansion.
- The aura is larger engulfing the mother to produce the placenta.
- Aura practice in group

3. Spirit/Soul Integration:

- Heart code connection between healer and healee. Practice in group
- Synchronisation. Oscillation
- Understanding 5D (how much self-awareness and consciousness you flow with in accordance to your physical body 3D) from Astral the universal aspect of you with relevance to your physical Earth body.
- How your beliefs govern energy flow within the body.
- The correlation between the two.
- The psychic chromosome and consciousness in the cell as a molecular structure. The Spirit baby in 5D. PRE NATAL-AWARENESS AND COGNITION.
- How it translates through biology is intention focused desire.
- Union and orgasmic state through your own kundalini as an octave. A Frequency matches.

4. Breath Work:

- Co-creative symbiosis of the feminine energy
- Opening the chakras to increase energy flow to receive spirit via inspiration and intuitive processes using your kundalini energy to influence surroundings and the birthing mother. Breath work practice
- Feel magnetic forces Density and light.
- With resonance to the body.
- How to direct kundalini the meeting of pranic flow through the sexual organs and heart integration.
- Direction and movement of prana.
- The use of mirror neurons.
- The octave in reflection to another soul.
- Brain waves simulation through meditation practice in group

5. Birth Space:

- Earth alignment using the earth energy to align with the human body of the birthing mother.
- The grounding of descending energy of the Spirit baby.
- How you as a birth worker influence the birth.
- Magnetic resonance.
- Your light and consciousness the baby will use as a mirror to ground itself into its own body.
- Focused direction of moving thought forms into and out of body. Subconscious to conscious.
- Polarity to non-duality. A focused center. Group practice

6. Soul Descent:

- The Kundalini spirals.
- The vortex of vibration for the soul of the baby starts to descend a spirit baby integrates into its body.
- What happens during this process?
- The mother re birthing herself through the child.
- The cervix dilation in response to the cosmos. Effacement.
- Fractals patterns according to magnetic resonance.
- Earth history influence.
- Octave, Oscillation & Orgasmic state.
- Bio rhythms in relation to the subtle anatomy

1. The Experience of the Cell:

- Ancestral memory, understanding spirit as the cell of the human body.
Feeling this in practice individual.
- Past, present future lives influence over the human body.
- As vibration and magnetic resonance.
- Consciousness within the cell, how it affects magnetic fields.
- The octave of the cell with present consciousness.
- Imprints of beliefs as frequencies.
- Somatic womb work within autonomy.
- 1st trine practice

2. The Cellular Birthing Body:

- States of consciousness that move through the body during birth.
- Transitional states of consciousness transpiring through the body as orgasmic waves through breath and intention.
- From higher crown chakra energy to rooting, grounding energy. Theta/gamma states understanding of brain heart coherence as influence over the body, directing the flow.
- Major and minor chakras in relation to organs.
- Oscillation of magnetic movement. The nervous system in particular regulation of the Vagus nerve.
- Comprehension of own Vagus nerve. Kundalini solar plexus.

3. Visualisation:

- Communicating with the cellular system as emotion. Octave, oscillation practice in group
- Energy to matter. From finite to tangible.
- The emotional body in connection to the physical body. Focused Meditation practice in group.
- Emotions. Higher mind influence.
- How the baby's body grows.
- Thought octave to emotional body of light and integration with oscillation. Group practice.

4. Body Flow:

- Kundalini energy as mitochondria the powerhouse of healing.
- The movement of cellular expression.
- Moving vibration through speech, body movement.
- Comprehension of spirit as vibration.
- Subjective / objective awareness.
- Higher frequencies to magnetic light within the kundalini structure of creation. Oscillation of magnetic resonance.

5. Bringing the Body into Present Awareness:

- Directing kundalini energy through breath and intention.
- How your body/mind/spirit influences the birthing mother and spirit baby.
- Direction of breath, intention and visualisation you can alter the mother's magnetic field and bring her awareness back to her center.
- Polarity, axis, flow and breath. Cervix axial chakra
- Opening up the field of resonance.

6. Expression of the Cell as Consciousness Itself:

- The power of Love. The heart, brain coherence.
- Manifestation as the breath crystalising the direction of the outcome.
- The gateway for the baby's arrival and soul integration into its body.
- Cervix expansion.
- Labour, integration of light. Blood flow.
- Magnetics of kundalini resonance.
- Octave, Oscillation & Orgasmic state.

COMPLETION

We look forward to learning with you!

Namaste



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Conscious Womb birthing school